

# Developmental Assets

## External Assets

### SUPPORT

1. Family Support
2. Positive Family Communication
3. Other Adult Relationships
4. Caring Neighborhood
5. Caring School Climate
6. Parent Involvement in Schooling

### EMPOWERMENT

7. Community Values Youth
8. Youth as Resources
9. Service to Others
10. Safety

### BOUNDARIES AND EXPECTATIONS

11. Family Boundaries
12. School Boundaries
13. Neighborhood Boundaries
14. Adult Role Models
15. Positive Peer Influence
16. High Expectations

### CONSTRUCTIVE USE OF TIME

17. Creative Activities
18. Youth Programs
19. Religious Community
20. Time at Home

### POSITIVE VALUES

26. Caring
27. Equality and Social Justice
28. Integrity
29. Honesty
30. Responsibility
31. Restraint

## Internal Assets

### COMMITMENT TO LEARNING

21. Achievement Motivation
22. School Engagement
23. Homework
24. Bonding to School
25. Reading for Pleasure

### POSITIVE IDENTITY

37. Personal Power
38. Self-esteem
39. Sense of Purpose
40. Positive View of Personal Future

### SOCIAL COMPETENCIES

32. Planning and Decision Making
33. Interpersonal Competence
34. Cultural Competence
35. Resistance Skills
36. Peaceful Conflict Resolution